

OCTOBER 2020 | ISSUE NO. 2

BON ACCORD

ASSOCIATION OF AMERICAN WOMEN OF ABERDEEN



**MARK YOUR
CALENDARS**

OCTOBER MEETING

Featuring guest speaker from Abernecessities

CHARITY FEATURE

Testimonials

AUTUMN HAPPENINGS

Where we've been and tasty autumn treats

happy to meet, sorry to part, happy to meet again



HAZLEHEAD ROSE GARDEN

ON THE COVER: CROVIE VIEWPOINT



ASSOCIATION OF AMERICAN WOMEN OF ABERDEEN

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DID YOU KNOW?

You can invite a friend to come to one of our meetings or group activities. Non-members are allowed to attend twice without an obligation to join

They can "try before they buy"

Help us make AWA stronger and better than ever before



If you or someone you know owns a business and wants to advertise in our monthly newsletter, contact our Publicity Chair



Letter from the Presidents

Happy Fall, Y'all!

(I'm learning to embrace all things American and this is one of the greetings I really enjoy hearing as it conjures up many wonderful AWA memories of previous events)

It was great to connect with so many of you for our first General Meeting in September! I'm sure that we would much rather be able to meet in person but it seems like we will need to stick to Zoom for our larger meetings for the time being. If you're new to the AWA, I hope that you've been able to find connections within some of our many groups and activities. If not, please reach out to the Activities Coordinator or any of the board members. Our activity group leaders are doing everything they can to keep activities running in a way that still complies with government guidelines. Joining an activity group facebook page doesn't commit you to anything, it simply allows you to see all the information that relates to that group. We want everyone to feel welcome and connected and are happy to help where we can!

The September meeting also started off our fundraising efforts for the year and your raffle ticket purchases raised over £85 for our chosen charity, **AberNecessities**. The **October General Meeting on Wednesday, October 7th** will bring another fabulous raffle with our focus this month on our charity and the many different opportunities for volunteering. Come join us as we hear from a representative of AberNecessities, who will speak on what their organisation does and how the funds we raise this year will help them!

One of our largest charity fundraisers of the year, the **AWA Holiday Craft Fair**, will be here before we know it on **November 15th**. It's going to be a slightly different format this year due to current restrictions but we are excited to be working with a wide range of local, independent vendors to showcase their work online. We will still have our amazing raffle baskets and are currently working on producing an **AWA Sweet Shoppe Treats recipe book** which we will need members help with. We would love it if you could take a photo of a treat you would usually bake for the sweet shoppe and send us the recipe. We will then collate these and produce a recipe book which will be available for sale at the craft fair. Please make sure you like and share our Craft Fair social media accounts on [Facebook](#) and [Instagram](#).

We are really looking forward to our **Fall Social on Saturday, 3rd October at 8pm** when we will be taking part in an online **murder mystery**, solving clues in teams to try to work out "who dunnit?" You can also start planning ahead for our **Halloween Car Treasure Hunt on Sunday 1st November at 2pm**. You'll be playing tricks and collecting treats around Aberdeen and the shire with prizes available for the best dressed car and best dressed occupants among others. This is a family event so bundle everyone in and join us for some spooktacular fun! We are also in the process of arranging a guided tour of Balmoral Castle for members and have something special up our sleeve for our December Luncheon. We can't wait!

We look forward to hopefully seeing and meeting all of our members this year whether it is online or in person.. Please feel welcome to reach out if you have any questions or concerns.

October General Meeting

Wednesday, 7th of October | 10:30 AM
Location: Zoom

Please join us for our October General Meeting
[Link to RSVP \(Click Here\)](#)

**Come learn more about our 2020-2021
Charity, Abernecessities!**

Raffle Prize

Game Night Pack
including
Cards Against Humanity - UK Version



No Meeting in November in lieu of the Holiday Craft Fair

October Catch-Up Coffee

Location: Dobbie's Cafe
Monday, October 5th @ 10:00 AM

Laughs & lattes at Dobbie's.
Let's gather and giggle together and have a cup or
two for our October Coffee Meet Up!

[Click Here](#) to RSVP on Facebook

AWA NEWS

Save the Dates!

3rd October Fall Social
7th October General Mtng
8th October Tote Bag Pickup
1st November Halloween
Treasure Hunt
15th November Craft Fair
28th November Wreath Making
Workshop



9th December Luncheon
13th January General Mtng
10th February Gen Mtng Blingo
20th February Winter Social
10th March General Mtng
14th April General Mtng
12th May Luncheon

Annual Holiday Craft Fair

Sunday, 15th November | 10am - 4pm

This year we are delighted to host our annual Holiday Craft Fair to benefit AberNecessities!
Volunteers are needed for various positions.

SAVE
THE
DATE

LIKE the Facebook page and share with your family & friends



[Click Here](#)

THE AMERICAN WOMEN'S ASSOCIATION



Holiday Craft Fair

ADMISSION: £3
(FREE FOR 12 & UNDER)

SUNDAY 15TH NOVEMBER
10AM - 4PM

CROWNE PLAZA ABERDEEN AIRPORT
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In support of





BIRTHDAY

Happy Birthday to our members with
October birthdays!



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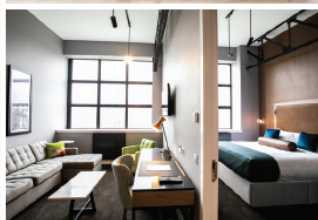
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Book direct with us at Sandman Signature to make the most of the **best rates guaranteed**, as well as your 13th night free as part of our Lucky13 programme.

Following a restful sleep on our incredible Glencraft beds handmade right here in Aberdeen, take a trip to our on-site restaurant **Chop Grill & Bar** or dedicated whisky bar, Freedom an' Whisky.

Enjoy our delicious **North American-style menu** including delicious appetisers perfect for sharing, ultimate steaks, fresh salads and sumptuous desserts. If you're a sports fan, our multiple TV screens and NFL events will be a taste of home. Fans of the 'water of life' will be in heaven in **Freedom an' Whisky** where a selection of over 100 whisky's awaits.



Delivering your favourite American and Canadian groceries to your door

Halloween 31st October

- M & M Candy Corn
- Brachs Original Candy Corn
- Candy Canes
- Tootsie Pops
- Reeses range
- Wonka Nerds



Thursday 26th November

HAPPY THANKSGIVING

- Pure Pumpkin
- Pie Crusts
- Pumpkin Spice
- Egg Nogg
- Ocean Spray Cranberries
- Pepperidge Farm Stuffing
- Stove Top Stuffing
- Corn Muffin



Boo

**Order now to save disappointment,
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Welcome and welcome back! September's General Meeting on Zoom 16 September 2020

Members working hard at Abernecessities! 15 September 2020



Exploring the Shire - Stonehaven Harbour to Castle Walk 4 September 2020

Exploring the Shire –
Castle Fraser Walk
30 September 2020



Do you want to see your
AWA event here?

Send your snaps to
awaaberdeen.newsletter@gmail.com

DON'T MISS A THING! CONNECT WITH AWA ONLINE

If you haven't already, please join our closed Facebook group to learn about our activities, connect with other members, and find answers to questions you might have about life in Aberdeen, and beyond.

<https://www.facebook.com/groups/awaaberdeen/>



Join our AWA Swap Shop closed group on Facebook. Need something? Let us know. Ready to pass something on? Make a post. Buy, sell, and/or swap anything, such as kitchen supplies, furniture, cars, children's clothes, etc with other AWA members.

<https://www.facebook.com/groups/386166418071686/>

CHARITY NEWS

Learn more about our 2020-2021 Charity, Abernecessities, and how we can help below:

About AberNecessities



AberNecessities provides disadvantaged families with the essential and basic necessities that no child should go without. From maternity bundles for mother and baby to nappies, formula milk, clothing, toys and equipment for children aged 0-18 years, AberNecessities recognises the importance of meeting the basic needs of a child in order to give them the best start possible. We work closely with a body of professionals across the NHS, education system and social workers to support children living in poverty in our local community. Since the pandemic in March 2020 we have helped over 4,000 children and families across Aberdeen and Aberdeenshire.

'No Child Should Go Without Sweet Dreams'

Poor sleep can exacerbate a number of both physical and mental health conditions and make it even more difficult for a child to concentrate at school. Since the pandemic we have seen a 900% increase in applications from families who are struggling to provide the basic essentials. We have seen referrals from health care professionals asking for bed and mattress donations for children sleeping on broken, no longer fit-for-purpose beds, sharing with parents or siblings, or in some cases, simply sleeping on the floor. It is for this reason that we are launching our latest initiative titled 'No Child Should Go Without Sweet Dreams' to raise funding for beds, mattresses, duvets etc. to ensure every child has a warm and safe place to rest their head.

Supporters can donate directly to our Just Giving Page - [Click Here](#)

The Gift of Christmas

While our friends at other charities work tirelessly to ensure every child has a gift to open from Santa, we want to add an extra Christmas sparkle by creating a Christmas Eve Box to ensure every child gets to experience the excitement and magic of Christmas Eve. Our aim with this appeal is to add the final touch and provide the children we support with new, warm pyjamas, cosy slippers, Christmas shower gel or bubble bath, an activity, a storybook, a mug or cup, hot chocolate (for older children) and a selection box. Every child should go to bed warm and cosy with the giddy anticipation of Christmas Day. Every child should have the opportunity to make happy memories. Help us add a touch of magic!

Testimonials from Abernecessities:



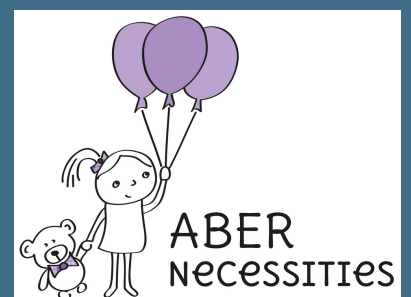
"I just want to thank them from the bottom of my heart, wow I was genuinely overwhelmed with everything AberNecessities gave us and I want to promise as soon as I'm on my feet I will donate to you as a thank you".
- Mother, Aberdeenshire

"I was so dumbfounded yesterday when we received the delivery from AberNecessities. I completely ran out of words to express my feeling and that of my kids who has not only received what they need for starting school, but a complete wardrobe. We really appreciate all the clothes, shoes, toiletries, the toys and treats. Thank you so much AberNecessities."
- Mum, Aberdeen



"Thank you so much for your kind donation of nappies, wipes and washing powder as always. Thank you so much for your continued support. What would we do without you guys!! You are truly amazing."
- Childrens Practitioner, Aberdeen

"I wanted to pass on thanks from a very grateful mum, thank you for the very quick response. I might be your new best referrer. You provide such a valuable service to the most vulnerable families of Aberdeen which is much needed especially now."
- Social Worker, Aberdeenshire



AWA NEWS

AWA Tote Bags

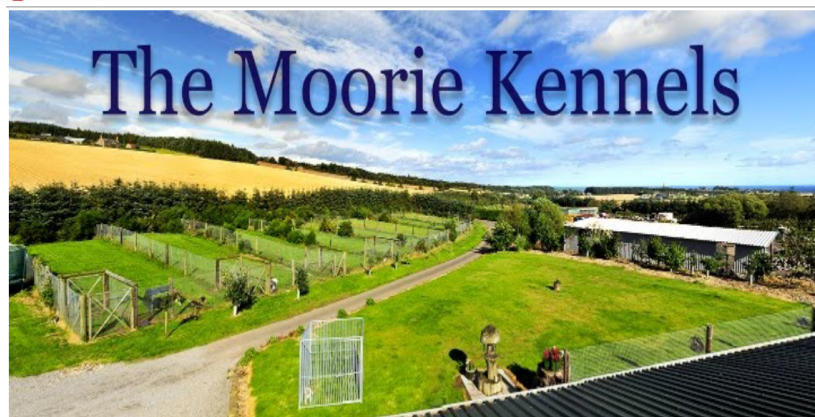
Aren't they adorable?
Everyone gets one this year!



Pick up **October 8th** between
10 AM – 12 noon



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SELF-AWARE

ACTIVITIES NEWS

Halloween Car Treasure Hunt

Dust off your witches brooms, clean your vampire capes and join us for an afternoon of SPOOKTACULAR fun! We are holding our inaugural family friendly Halloween Car Treasure Hunt on **Sunday, 1st November at 2pm**. So, decorate your chariot (car), don your costumes and fight to the death for the “best dressed” prizes up for grabs. There will be tricks and treats to collect along the route and we’ll all parade our vehicles past the judges to see who wins.

Further details will be posted on the main AWA Facebook page closer to the date.



Guided Tour of Balmoral Castle

Wednesday, 18th November at 11am



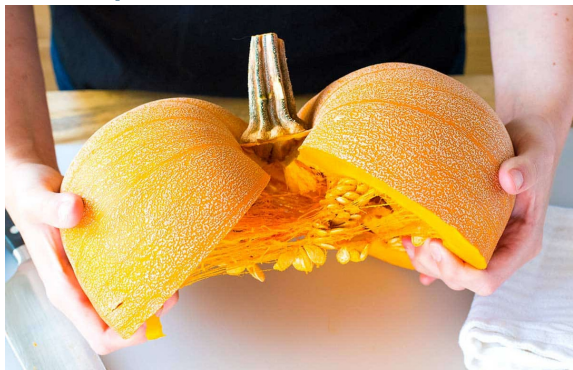
Balmoral has been one of the residences of the British royal family since 1852, when the estate and its original castle were bought from the Farquason family by Prince Albert, the husband of Queen Victoria. Soon after the house was found to be too small and the current Balmoral Castle was commissioned. The architect was William Smith of Aberdeen, and his designs were amended by Prince Albert. Balmoral remains private property of the Queen and is not part of the Crown Estate.

Further details will be posted on the main AWA Facebook page closer to the date.

AUTUMN RECIPES

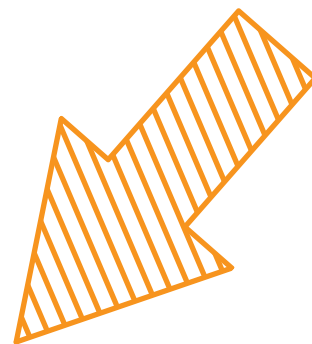
It's fall y'all!!! here are some autumn favorites to feed your soul.

Pumpkin Puree ▼



<https://www.inspiredtaste.net/35527/easy-pumpkin-puree-recipe/>

Each year, many of us have a **HARD** time finding canned pumpkin puree in the shops.
Here's an easy recipe to make your own!



Ingredients:

1 small baking pumpkin, 4 to 6 pounds
Fine sea salt, optional

Directions:

Heat the oven to 400 degrees F and line a baking sheet with parchment paper.

Rinse and pat dry the pumpkin.

Cut the squash from stem to end, but don't try to cut through the stem (it's too tough). When you've cut through the pumpkin, just pull each half apart. We do this in two parts.

Cut one side from the stem down to the bottom of the pumpkin. Remove the knife, rotate the pumpkin to the opposite side then do the same.

When there is a slit down both halves of the pumpkin, put down the knife and pull the halves apart. They should separate at the stem.

Scoop out the seeds and most of the stringy bits. Lightly season the inside of the pumpkin halves with salt then place cut-side-down onto the baking sheet.

Bake until the pumpkin can easily be pierced with a knife in several places and the flesh is pulling away from the skin, 45 to 60 minutes.

Cool until you can safely handle the halves then scoop out the soft flesh into a food processor — depending on how large the pumpkin is, you may need to do this in two batches.

Process until very smooth, 3 to 5 minutes.

AUTUMN RECIPES

Cinnamon Apple Crumb Cake

Ingredients:

For cinnamon streusel crumb:

1 and 1/2 cups flour
1/2 cup brown sugar
1/4 cup granulated sugar
1/2 teaspoon salt
1 teaspoon cinnamon
1/4 teaspoon nutmeg
1/2 cup butter -melted
1/2 teaspoon vanilla
1 large (or 2 small) tart
apples-peeled and chopped

For the cake:

4 Tablespoons butter
1/2 cup granulated sugar
1 large egg
1 teaspoon vanilla
1/2 cup sour cream
1 cup flour
1/4 teaspoon baking soda
1/4 teaspoon salt
1/2 teaspoon baking
powder

Apple cider glaze:

1/2 cup powdered sugar
1 and 1/2 – 2 Tablespoons apple cider



<https://omgchocolatedesserts.com/cinnamon-apple-crumb-cake/>

Directions:

1. Preheat the oven to 350 F. Grease 8 inch springform pan and line the bottom with parchment paper, set aside.
2. To make cinnamon streusel crumb, first in a bowl, whisk together dry ingredient. Then add melted butter and vanilla and stir until the mixture is evenly moist, set aside, too.
3. To make the cake in a large bowl, cream together 4 tbsp butter with 1/2 cup sugar until light and fluffy, then add egg and beat well. Finally, add vanilla and sour cream and beat again.
4. In another bowl, stir together 1 cup flour, baking soda, salt, and baking powder and add to the butter mixture, stir until just combined.
5. Spread half the batter at the bottom of the pan (it will be very thin layer). Spread the apple chunks evenly over the batter, then sprinkle about 1 cup of the cinnamon streusel crumbs over the apples. Spread the remaining batter over the crumbs and on top spread the rest of the cinnamon streusel.
6. Bake 35-40 minutes or until a tester inserted in the center comes out clean.
7. Before remove the ring of springform pan run a thin knife around the cake.
8. To make the glaze, whisk together powdered sugar with apple cider and drizzle over the cake.

AUTUMN RECIPES

Sticky Sausages with Apples

Another good use for windfall eating apples! Sausages and apples work really well together and this easy tray bake turns a simple autumn supper into something special. Serve with mashed potatoes and some green vegetables for a quick and easy mid-week meal.

Ingredients - Serves 4

- 8 good quality pork sausages
- 8 rashers streaky bacon
- 1 tbsp rape seed oil
- 1 red onion sliced into wedges
- 1 tbsp fresh thyme leaves (or 1 tsp dried)
- 2 red eating apples, cored and each sliced into eight wedges
- 2-3 tbsp apple liqueur (Somerset Pomona, Calvados or cider could be used)



Directions:

1. Heat oven to 220oC / fan 200oC / gas mark 7. Wrap each sausage in a rasher of bacon.
2. Put the rape seed oil in a flame proof roasting tin and heat on the hob. Place the sausages into the roasting tin and brown all over.
3. Add the onion wedges to the roasting tin and carefully transfer the tin to the oven. Cook for 20 mins.
4. Add the apple slices to the roasting tin and cook for a further 10 mins. Remove from the oven and return the roasting tin to the hob.
5. Carefully add 2-3 tbsp of apple liqueur and use this to deglaze the tin. Cook for approximately 1 min until the sausages and apples become slightly sticky.
6. Serve immediately with mashed potatoes and green vegetables.

Far hiv ye bin?

“FAR HIV YE BIN” MEANS “WHERE HAVE YOU BEEN?” IN DORIC, A SCOTTISH LANGUAGE DIALECT. EACH MONTH, WE'D LIKE TO SHARE WHAT SOME OF YOU HAVE BEEN UP TO IN BONNIE SCOTLAND DURING LOCKDOWN.



GLAMIS CASTLE



GLEN MUICK



CASTLE SINCLAIR GIRNIGOE



CALL FOR SUBMISSIONS

If you'd like to be featured throughout the year, we would love to hear about your experiences.

Whether it's a cool location you visited, something you learned moving to Scotland, or a topic the group may find interesting.

Do you have a beautiful photo for our next cover image? Is there information about life in Aberdeen you think everyone should know about?

Send those too!

DEADLINE FOR THE NEWSLETTER SUBMISSIONS WILL BE THE 20TH OF EACH MONTH.

Contact
awaaberdeen.newsletter@gmail.com